

Social Media Wellness

Ana Homayoun
Author and Educator

Wednesday, November 11th
5:30pm-6:30pm



Working with young people in today's digital world has never been so complex. Our technology-infused learning environments play host to many distractions, including social media. Ana Homayoun, a San Francisco-based author, school consultant, and educator, helps parents understand the latest trends in the world of social media socialization, and provides practical tips on how we can make better choices around social media use, managing distractions, and overall wellness. Homayoun is the author of three books, including *Social Media Wellness: Helping Tweens and Teens Thrive in an Unbalanced Digital World*.

She is the founder of Green Ivy Educational Consulting, a Silicon Valley-based educational consulting firm. Her work has been featured in the *NYTimes*, *Washington Post*, *USA Today*, *Chicago Tribune*, *SF Chronicle*, *Pacific Standard Magazine*, *ABC News*, *New York Post*, among others, and she is a frequent guest on NPR. For more information, please visit: www.anahomayoun.com or www.greenivyed.com.

Registration is required.
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